

## How can you continue strengthening your skills?

### **PRACTICE REVIEW PRACTICE REVIEW PRACTICE!**

Continue to meet as a group

Add an agenda item to your team meetings:  
what skills did you use, how did they help, what skills could you have used instead to change outcomes?

Request coaching session for your team via: [www.SILAskills.org/contact-us](http://www.SILAskills.org/contact-us)

Practice skills with co-workers who have taken the course

Attend a "Skills in Action" session - real-time coaching and refresher sessions (pre-registration required)

Bring the skills to other teams/locations. Share with others in your profession.

Take the course again:

<https://www.SILAskills.org/>

Check out our blog: *Living Skillfully* <https://www.silaskills.org/blog-1>

Become a facilitator

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